

# **Occupational Therapy Assistant Program**

# **Fieldwork Educators Handbook**

Updated 1-27-17

This manual is designed to provide fieldwork educators with easily accessible information about the academic and fieldwork portions of the Occupational Therapy Assistant Program at Northland Community & Technical College on the East Grand Forks, MN campus.

Fieldwork is intended to compliment academic preparation by offering additional opportunities for growth, for learning to apply knowledge, for developing and testing clinical skills, and for validating and consolidating those functions that comprise professional competence. The academic setting emphasizes the acquisition of knowledge as well as the cognitive and affective growth of the student. The fieldwork site emphasizes practicing and applying knowledge through supervised intervention and professional role modeling with clients, their families, significant others, and other health care professionals.

The goal of Level II fieldwork is to develop competent, entry-level, generalist occupational therapy assistants. Level II fieldwork is integral to the program's curriculum design, and provides students with an in-depth experience in delivering occupational therapy services to clients, focusing on the application of purposeful and meaningful occupation, and collaboration with the occupational therapist in evidenced based practice. Fieldwork experiences are designed to promote clinical reasoning and reflective practice; to transmit the values and beliefs that enable ethical practice; and to develop professionalism and competence as career responsibilities.

The fieldwork program is possible through the cooperative efforts of the Occupational Therapy Assistant Program, healthcare facilities, and participating students. Information relevant to each party regarding policies, procedures, and general guidelines pertaining to both levels of fieldwork education can be found in this manual.

Please refer to the OTA Program Manual

(http://www.northlandcollege.edu/programs/occupational therapy assistant) for all information regarding the OTA Program, OTA Program Curriculum Design, OTA Curriculum Design: Application to the Clinical Setting, OTA Program Admission Procedures, OTA Curriculum Sequence, OTA Prerequisites, and OTA Program Course Descriptions.

The Occupational Therapy Assistant faculty at Northland Community & Technical College would like to express appreciation to the fieldwork educators and their facilities for their continuing interest and contribution to the education of occupational therapy assistants.

If you have any questions or concerns, please do not hesitate to contact us.

Thank You,

#### Kara Welke, MS OTR/L CLT

OTA Instructor, Academic Fieldwork Coordinator Northland Community and Technical College 2022 Central Ave NE East Grand Forks, MN 56721

Email: <u>kara.welke@northlandcollege.edu</u> Cell Phone: 701-554-0111 Toll Free: (800) 451-3441, ext. 2582 Direct Line: (218) 793-2582

#### Cassie Hilts, MOTR/L

OTA Program Director/Instructor Northland Community and Technical College 2022 Central Ave NE East Grand Forks, MN 56721

Email: <u>cassie.hilts@northlandcollege.edu</u> Toll Free: (800) 451-3441, ext. 2589 Direct Line: (218) 793-2589

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# 2011 ACCREDITATION STANDARDS FOR AN ASSOCIATE-DEGREE-LEVEL EDUCATIONAL PROGRAM FOR THE OCCUPATIONAL THERAPY ASSISTANT In effect as of July 31, 2013

#### SECTION C: FIELDWORK EDUCATION AND DOCTORAL EXPERIENTIAL COMPONENT

**C.1.0: FIELDWORK EDUCATION** Fieldwork education is a crucial part of professional preparation and is best integrated as a component of the curriculum design. Fieldwork experiences should be implemented and evaluated for their effectiveness by the educational institution. The experience should provide the student with the opportunity to carry out professional responsibilities under supervision of a qualified occupational therapy practitioner serving as a role model. The academic fieldwork coordinator is responsible for the program's compliance with fieldwork education requirements. The academic fieldwork coordinator will

#### C.1.1.

Ensure that the fieldwork program reflects the sequence and scope of content in the curriculum design in collaboration with faculty so that fieldwork experiences strengthen the ties between didactic and fieldwork education.  $C_{12}$ 

#### C.1.2.

Document the criteria and process for selecting fieldwork sites, to include maintaining memoranda of understanding, complying with all site requirements, maintaining site objectives and site data, and communicating this information to students.

#### C.1.3.

Demonstrate that academic and fieldwork educators collaborate in establishing fieldwork objectives and communicate with the student and fieldwork educator about progress and performance during fieldwork.

#### C.1.4.

Ensure that the ratio of fieldwork educators to students enables proper supervision and the ability to provide frequent assessment of student progress in achieving stated fieldwork objectives.

#### C.1.5.

Ensure that fieldwork agreements are sufficient in scope and number to allow completion of graduation requirements in a timely manner in accordance with the policy adopted by the program as required by Standard A.4.14.

# C.1.6.

The program must have evidence of valid memoranda of understanding in effect and signed by both parties at the time the student is completing the Level I or Level II fieldwork experience. (Electronic memoranda of understanding and signatures are acceptable.) Responsibilities of the sponsoring institution(s) and each fieldwork site must be clearly documented in the memorandum of understanding.

#### C.1.7

Ensure that at least one fieldwork experience (either Level I or Level II) has as its focus psychological and social factors that influence engagement in occupation.

# The goal of Level I fieldwork is to introduce students to the fieldwork experience, to apply knowledge to practice, and to develop understanding of the needs of clients. The program will

#### C.1.8.

Ensure that Level I fieldwork is integral to the program's curriculum design and include experiences designed to enrich didactic coursework through directed observation and participation in selected aspects of the occupational therapy process.

# C.1.9.

Ensure that qualified personnel supervise Level I fieldwork. Examples may include, but are not limited to, currently licensed or otherwise regulated occupational therapists and occupational therapy assistants, psychologists, physician assistants, teachers, social workers, nurses, and physical therapists.

#### C.1.10.

Document all Level I fieldwork experiences that are provided to students, including mechanisms for formal evaluation of student performance. Ensure that Level I fieldwork is not substituted for any part of Level II fieldwork.

The goal of Level II fieldwork is to develop competent, entry-level, generalist occupational therapy assistants. Level II fieldwork must be integral to the program's curriculum design and must include an in-depth experience in delivering occupational therapy services to clients, focusing on the application of purposeful and meaningful occupation. It is recommended that the student be exposed to a variety of clients across the lifespan and to a variety of settings. The program will

## C.1.11.

Ensure that the fieldwork experience is designed to promote clinical reasoning appropriate to the occupational therapy assistant role, to transmit the values and beliefs that enable ethical practice, and to develop professionalism and competence in career responsibilities.

# C.1.12.

Provide Level II fieldwork in traditional and/or emerging settings, consistent with the curriculum design. In all settings, psychosocial factors influencing engagement in occupation must be understood and integrated for the development of client-centered, meaningful, occupation-based outcomes. The student can complete Level II fieldwork in a minimum of one setting if it is reflective of more than one practice area, or in a maximum of three different settings.

# C.1.13.

Require a minimum of 16 weeks' full-time Level II fieldwork. This may be completed on a part-time basis, as defined by the fieldwork placement in accordance with the fieldwork placement's usual and customary personnel policies, as long as it is at least 50% of an FTE at that site.

# C.1.14.

Ensure that the student is supervised by a currently licensed or otherwise regulated occupational therapist or occupational therapy assistant (under the supervision of an occupational therapist) who has a minimum of 1 year full-time (or its equivalent) of practice experience subsequent to initial certification and who is adequately prepared to serve as a fieldwork educator. The supervising therapist may be engaged by the fieldwork site or by the educational program. **C.1.15.** 

Document a mechanism for evaluating the effectiveness of supervision (e.g., student evaluation of fieldwork) and for providing resources for enhancing supervision (e.g., materials on supervisory skills, continuing education opportunities, articles on theory and practice).

# C.1.16.

Ensure that supervision provides protection of consumers and opportunities for appropriate role modeling of occupational therapy practice. Initially, supervision should be direct and then decrease to less direct supervision as appropriate for the setting, the severity of the client's condition, and the ability of the student.

# C.1.17.

Ensure that supervision provided in a setting where no occupational therapy services exist includes a documented plan for provision of occupational therapy assistant services and supervision by a currently licensed or otherwise regulated occupational therapist or occupational therapy assistant (under the direction of an occupational therapist) with at least 3 years' full-time or its equivalent of professional experience. Supervision must include a minimum of 8 hours of direct supervision each week of the fieldwork experience. An occupational therapy supervisor must be available, via a variety of contact measures, to the student during all working hours. An on-site supervisor designee of another profession must be assigned while the occupational therapy supervisor is off site.

# C.1.18.

Document mechanisms for requiring formal evaluation of student performance on Level II fieldwork (e.g., the AOTA Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student or equivalent). **C.1.19.** 

Ensure that students attending Level II fieldwork outside the United States are supervised by an occupational therapist who graduated from a program approved by the World Federation of Occupational Therapists and has 1 year of experience in practice.

## FIELDWORK OVERVIEW

Fieldwork is part of the Occupational Therapy Assistant Program curriculum and required to complete the Program.

There are two levels of fieldwork:

<u>Level I Fieldwork</u> consists of four placements, two settings with focus on psychological and social factors that influence engagement in occupation, and two settings with the focus on physical health. Level I fieldwork is approximately 40 hours, which may include five eight hour days or 4 ten hour days depending on the site. It is included in the following courses Ped Psychosocial and Ped Physical Health & Adult Psychosocial and Adult Physical Health.

Level I fieldwork is completed during the first and second semester of the second year. The general objective of Level I Fieldwork is to provide an opportunity for students to observe the clinical conditions and participate in treatment interventions discussed in class and to apply their academic knowledge in a clinical setting. These experiences are provided by qualified competent personnel, who may or may not be occupational therapy personnel.

Due to the rural location of NCTC, the opportunities for Level I Fieldwork in the immediate area are limited. Efforts are made to locate Level I placements within driving distance of the campus. Driving distance is defined as 1 hour each way. However, the number of placements required makes it difficult for every student to be able to stay at home and go to their placement. Students may be placed on Level I fieldwork sites in other states. All students are responsible for their own housing, meals and transportation during Level I placement.

Prior to accepting fieldwork students, some centers require drug testing, criminal background checks and/or particular immunizations. It is the responsibility of the student to check facility information to ensure that requirements have been met.

Through Level I Fieldwork Experiences, students have the opportunity to observe, evaluate and treat children, adolescents and adults with physical health, psychosocial, and/or developmental disabilities.

Students have the following Level I Fieldwork Experiences in the academic program:

#### Year II: Fall Semester:

OTAC 2035 Ped Psychosocial OTAC 2025 Ped Physical Health

- 1. Observe and assist in evaluation and treatment of individuals ranging in age from birth to young adults while focusing on the psychological and social factors that influence engagement in occupation.
- 2. Observe and assist in evaluation and treatment of individuals ranging in age from birth to young adults while focusing on the physical health aspects in the placement.

# Year II: Spring Semester:

OTAC 2135 Adult Psychosocial OTAC 2125 Adult Physical Health

- 1. Observe and assist in evaluation and treatment of individuals ranging in age from young adulthood while focusing on the psychological and social factors that influence engagement in occupation.
- 2. Observe and assist in evaluation and treatment of individuals ranging in age from young adulthood to geriatrics while focusing on the physical health aspects in the placement.

# Level I Fieldwork Objectives

**Objectives for assignment:** 

- Use safety precautions, such as contraindications, use of infection control standards and universal precautions in client interactions.
- Interact with client/family/significant others, colleagues and other health providers through written, oral and nonverbal communication
- Produce documentation that meets the standards for reimbursement and effectively communicates the need and rationale for occupational therapy services.
- Apply the AOTA Code of Ethics, Core Values and Attitudes of Occupational Therapy and AOTA Standards of Practice to guide professional interaction in client treatment and clinical settings.
- Responds constructively to feedback
- Demonstrates respect for diversity factors of others including but not limited to sociocultural, socioeconomic, spiritual and lifestyle choices.
- Performs consistent work behaviors including initiative, preparedness, dependability, and work site maintenance.

Specifically the student will:

- Adhere to safety precautions
- Demonstrate professional appearance
- Observe and participate in personnel activities as appropriate
- Observe and participate in patient/client activities
- Observe and participate in assessment as appropriate
- Discuss behavioral observations
- Display professional behavior
- Relate respectfully to individuals served
- Demonstrate respect for diversity
- Develop professional communication skills
- Produce documentation that meets facility standards
- Display ethical behavior
- Apply core values and attitudes of OT in interaction
- Follow AOTA standards of practice
- Participate in the supervisory process
- Adhere to facility philosophy

# LEVEL II FIELDWORK

- Level II fieldwork is that portion of the student's educational program which is designed for full-time occupational therapy involvement in the clinical or community setting. Selected settings provide the student with educational opportunities for evaluation, planning, implementing and integrating occupational therapy programs in collaboration with other disciplines within the health care facility and the community; participating in rounds and staff conferences; collaborating with occupational therapy practitioners and carrying out role and responsibilities of an occupational therapy assistant. A minimum of 16 weeks is required for fieldwork, with eight (8) weeks in physical health setting and eight (8) weeks in a setting with focus on psychological and social factors that influence engagement in occupation.
- 2) Optional fieldwork is also available in settings working with children upon successful completion of the required 16 weeks of fieldwork.

**Level II Fieldwork** consists of two eight week placements or one sixteen week placement. A student can complete Level II fieldwork in a minimum of one setting (16 weeks) if it is reflective of more than one practice area, or in a maximum of three different settings.

This placement may occur during the summer or the fall semester after completion of academic course work. Enrollment in the OTA program does not assure a Level II fieldwork site placement within the first three months of completing academic course work. Fieldwork must be completed within 18 months after completion of academic course work.

- Fieldwork site with focus on Psychological and Social Factors that influence engagement in occupation.
  a) one eight week placement
- 2) Fieldwork site with focus on Physical Healthb) one eight week placement

# LEVEL II FIELDWORK OBJECTIVES:

#### OTAC 2235: Psychosocial Fieldwork LEARNING OUTCOMES (General)

1. Gather necessary data through observations, interviews, occupational histories, and/or consultations with other staff.

- 2. Administer and analyze evaluations and assessments pertaining to this population.
- 3. Formulate and implement appropriate treatment plans pertaining to this population.
- 4. Implement compensatory strategies when life tasks cannot be performed.
- 5. Implement interventions consistent with models of occupational performance.
- 6. Follow the rules and regulations that the OTA must follow when working with this population.
- 7. Apply the American Occupational Therapy Association (AOTA) Code of Ethics, Core of Values and

Attitudes of Occupational Therapy and AOTA Standards of Practice as a means of guiding professional interactions in client treatment and employment settings.

- 8. Collaborate with the OT during the occupational therapy process.
- 9. Demonstrate informed practice decisions based on evidence based practice.
- 10. Adhere to assigned facilities policies and procedures.
- 11. Adhere to Level II fieldwork policies and procedures.

12. Interact in professional manner with colleagues, clients, families/significant others, public, supervisor and other service providers.

- 13. Perform assigned facilities objectives.
- 14. Participate responsibly in supervisory/supervisee relationship.
- 15. Respond constructively to feedback.

16. Demonstrate respect for diversity factors of others including but not limited to socio-cultural, socioeconomic, spiritual, and lifestyle choices.

17. Perform consistent work behaviors including initiative, preparedness, dependability, and work site maintenance.

18. Grade and adapt the environment, tools, materials, occupations, and interventions to reflect the changing needs of the client and the sociocultural context.

19. Demonstrate sound judgment in regards to safety of self and others and adhere to safety regulations.

20. Demonstrate therapeutic use of self during the therapeutic process.

21. Express support for the quality of life, well-being, and occupation of the individual, group or population to promote physical and mental health and prevention of injury and disease considering the context and environment.

22. Use technology to support performance, participation, health and well-being and teach compensatory strategies, such as use of technology and adaptions to the environment that support performance, participation, and well-being.

23. Implement intervention plans and strategies that are culturally relevant, reflective of current occupational therapy practice, and based on available evidence.

24. Provide therapeutic use of occupation, exercises, and activities (e.g., occupation-based intervention, purposeful activity, preparatory methods).

25. Provide training in self-care, self-management, health management and maintenance, home management, and community and work integration.

26. Provide development, remediation, and compensation for physical, mental, cognitive, perceptual, neuromuscular, behavioral skills, and sensory functions (e.g., vision, tactile, auditory, gustatory, olfactory, pain, temperature, pressure, vestibular, proprioception).

27. Adapt environments and processes.

29. Demonstrate techniques to enhance functional mobility, enhance community mobility, including public transportation, community access.

30. Demonstrate ability to adjust mobility and adaptive equipment to meet the needs of the clients.

31. Promote the use of appropriate home and community programming to support performance in the client's natural environment and participation in all contexts relevant to the client.

32. Facilitate discharge planning by demonstrating knowledge of all available resources and identifying when it is appropriate to terminate services.

33. Work effectively with those involved in therapy process by using the teaching-learning process to educate and train clients, family, and colleagues in areas of occupation as well as prevention, health maintenance, health promotion, and safety.

34. Identify when to refer to specialists for consultation and intervention.

35. Complete documentation through-out the OT process by ensuring that the standards for reimbursement of services are met by adhering to the requirements of applicable facility, local, state, and federal reimbursement agencies.

36. Summarize the OT process, outcomes, recommendations, and referrals and effectively justify the need and rationale for OT services through written documentation.

37. Evaluate personal knowledge of course learner outcomes prior to course, at midterm and at end of course and use this information to develop a professional development plan to promote lifelong learning.

38. (ILO: 1) Interact effectively through written, oral, and nonverbal communication in a professional acceptable manner with other professionals.

#### OTAC 2225: Physical Health Fieldwork LEARNING OUTCOMES (General)

1. Gather necessary data through observations, interviews, occupational histories, and/or consultations with other staff.

2. Administer and analyze evaluations and assessments pertaining to this population.

3. Formulate and implement appropriate treatment plans pertaining to this population.

4. Implement compensatory strategies when life tasks cannot be performed.

5. Implement interventions consistent with models of occupational performance.

6. Follow the rules and regulations that the OTA must follow when working with this population in the physical health setting.

7. Apply the American Occupational Therapy Association (AOTA) Code of Ethics, Core of Values and Attitudes of Occupational Therapy and AOTA Standards of Practice as a means of guiding professional interactions in client treatment and employment settings.

8. Collaborate with the OT (intra-professional) and other health professionals (inter-professional) during the occupational therapy process.

9. Demonstrate informed practice decisions based on evidence based practice.

10. Adhere to assigned facilities policies and procedures.

11. Adhere to Level II fieldwork policies and procedures.

12. Interact in professional manner with colleagues (intra and inter-professional), clients, families/significant others, public, supervisor and other service providers.

13. Perform assigned facilities objectives.

14. Participate responsibly in supervisory/supervisee relationship.

15. Respond constructively to feedback.

16. Demonstrate respect for diversity factors of others including but not limited to socio-cultural, socioeconomic, spiritual, and lifestyle choices.

17. Perform consistent work behaviors including initiative, preparedness, dependability, and work site maintenance.

18. Grade and adapt the environment, tools, materials, occupations, and interventions to reflect the changing needs of the client and the sociocultural context.

19. Demonstrate sound judgment in regards to safety of self and others and adhere to safety regulations.

20. Demonstrate therapeutic use of self during the therapeutic process.

21. Express support for the quality of life, well-being, and occupation of the individual, group or population to promote physical and mental health and prevention of injury and disease considering the context and environment.

22. Use technology to support performance, participation, health and well-being and teach compensatory strategies, such as use of technology and adaptions to the environment that support performance, participation, and well-being.

23. Implement intervention plans and strategies that are culturally relevant, reflective of current occupational therapy practice, and based on available evidence.

24. Provide therapeutic use of occupation, exercises, and activities (e.g., occupation-based intervention, purposeful activity, preparatory methods).

25. Provide training in self-care, self-management, health management and maintenance, home management, and community and work integration.

26. Provide development, remediation, and compensation for physical, mental, cognitive, perceptual, neuromuscular, behavioral skills, and sensory functions (e.g., vision, tactile, auditory, gustatory, olfactory, pain, temperature, pressure, vestibular, proprioception).

27. Adapt environments and processes, including the application of ergonomic principles.

28. Demonstrate strategies with assistive technologies and devices (e.g., electronic aids to daily living, seating and positioning systems) to enhance occupational performance and foster participation and well-being.

29. Fabricate, apply, fit, and provide training in orthotic devises used to enhance occupational performance and participation, and training in the use of prosthetic devices.

30. Demonstrate techniques to enhance functional mobility, including physical transfers, wheelchair management, and mobility devices and in techniques to enhance community mobility, including public transportation, community access. 31. Demonstrate ability to adjust mobility and adaptive equipment to meet the needs of the clients.

32. Enable feeding and eating performance (including the process of bringing food or fluids from the plate or cup to the mouth, the ability to keep and manipulate food or fluid in the mouth, and the initiation of swallowing) and train others in precautions and techniques while considering client and contextual factors.

33. Promote the use of appropriate home and community programming to support performance in the client's natural environment and participation in all contexts relevant to the client.

34. Facilitate discharge planning by demonstrating knowledge of all available resources and identifying when it is appropriate to terminate services.

35. Work effectively with those involved in therapy process by using the teaching-learning process to educate and train clients, family, and colleagues in areas of occupation as well as prevention, health maintenance, health promotion, and safety.

36. Identify when to refer to specialists (intra or inter-professional) for consultation and intervention.

37. Complete documentation through-out the occupational therapy process by ensuring that the standards for reimbursement of services are met by adhering to the requirements of applicable facility, local, state, and federal reimbursement agencies.

38. Summarize the occupational therapy process, outcomes, recommendations, and referrals and effectively justify the need and rationale for occupational therapy services through written documentation.

39. Evaluate personal knowledge of course learner outcomes prior to course, at midterm, and at end of course and use this information to develop a professional development plan to promote lifelong learning.

40. (ILO: 1) Interact effectively through written, oral, and nonverbal communication in a professionally accepted manner with other professionals.

# FIELDWORK RESPONSIBILITIES

This document is consistent with the American Occupational Therapy Association's Code of Ethics, the Northland Community and Technical College Fieldwork Contract, and the Northland Community and Technical College Handbook for students.

# **OCCUPATIONAL THERAPY ASSISTANT PROGRAM- NCTC RESPONSIBILITIES**

- 1. To assume responsibility for assuring continuing compliance with the educational standards as established in the *Standards for an Accredited Educational Program for the Occupational Therapy Assistant.*
- 2. To maintain the complete set of syllabi for all occupational therapy assistant courses in the Occupational Therapy Assistant program, to be available for students, and fieldwork supervisors for review in the department.
- 3. To maintain files of current information on fieldwork in the Occupational Therapy Assistant Program. This is the information provided by the fieldwork facilities annually and/or when major changes occur.
- 4. To follow due process on working with students and fieldwork facilities.
- 5. To establish and maintain on-going honest communication with fieldwork facilities and students
- 6. To schedule students for occupational therapy fieldwork and to assign only those students who have satisfactorily completed the required academic work. There will be close planning between faculty, students and fieldwork supervisors.
- 7. To collaborate with fieldwork facilities in defining measurable objectives for fieldwork education
- 8. To counsel students in fieldwork in collaboration with fieldwork supervisors
- 9. To visit fieldwork centers as College funding allows.
- 10. To evaluate the total Occupational Therapy Assistant Program regularly, including the fieldwork experiences. Fieldwork facilities are to be evaluated on submitted documented material: philosophy, purpose, learning experience available (including adequate client/patient load), measurable objectives, and curriculum vitae of supervising occupational therapy practitioners.
- 11. To provide liability insurance for occupational therapy assistant students assigned fieldwork placements.

# **RESPONSIBILITIES OF FIELDWORK FACILITIES**

- 1. To maintain competency in practice, keeping abreast of current theories and techniques
- 2. To provide the Occupational Therapy Assistant Program with current information on the educational program for occupational therapy assistant students in fieldwork. This includes philosophy, purpose, types of patient/clients, evaluation and treatment techniques, learning experiences available, measurable objectives, and policies and procedures of the facility.
- 3. To maintain honest communication with students and with NCTC faculty to improve practice, assist in improving academic course content and learning experiences and identify trends in occupational therapy health care and rehabilitation.
- 4. To provide meaningful learning experiences for students in fieldwork.
- 5. To make available to students at the beginning of fieldwork and throughout the fieldwork experience, the policies and procedures of the facility.
- 6. To provide supervision of students by qualified personnel.
- 7. To clearly define to students the channels of communication within the facility and to ensure the student has one primary supervisor.
- 8. To evaluate students by midterm. If there appears to be a problem, this should be discussed with the students as soon as possible, documenting the evidence of the problem. If it is serious, the academic fieldwork coordinator or program director should be notified. Consultation with the OTA Program should be maintained until the problem is resolved. If a student's performance in relation to patient treatment is unsatisfactory, and/or the student is unable to function satisfactorily to meet the measurable objectives of the fieldwork experience, the

student's fieldwork may be terminated by the facility and the Occupational Therapy Assistant Program faculty. Due process must be adhered to throughout the proceedings.

9. To notify the academic fieldwork coordinator as soon as possible of major changes in program, scheduling, etc

# STUDENT RESPONSIBILITIES

- 1. Professional behavior begins in the classroom. The student will demonstrate professional judgment in all didactic activities by:
  - being prepared for class, paying attention and participating with relevant material in class discussion
  - showing respect for the instructor and guest lecturers, and fellow classmates

These characteristics carry over into the clinical situation. The individual with professional behavior is respected by patients, family, other member of the health care team and society. The professional person's behavior reflects the credibility of the profession.

- 2. The student is expected to adhere to the Occupational Therapy Code of Ethics as adapted by The American Occupational Therapy Association.
- 3. Students are expected to maintain respect and courtesy toward their own colleagues as well as toward their faculty, fieldwork supervisors, patients/clients and others with whom they come in contact.
- 4. Students are expected to assist in promoting honest and harmonious working relationships in the classroom and fieldwork facilities.
- 5. Students are expected to know and to adhere to the regulations within the agencies in which they are assigned fieldwork. Such regulations may involve dress, behavior and attendance.
- 6. Students are expected to maintain good health habits and regular physical examinations during both academic and fieldwork experiences. Students are encouraged to maintain appropriate health insurance during academic and fieldwork education.
- 7. Students are expected to engage in only those procedures in which they have achieved an appropriate level of competence.
- 8. Students are expected to integrate material from previous courses as they progress through the academic and fieldwork program.
- 9. Students are expected to take the initiative for their own learning in addition to required course content.
- 10. Students are expected to analyze the information in fieldwork manuals and to review appropriate material necessary for their assigned placement.
- 11. Students are expected to take the initiative in regard to analyzing and synthesizing their perceptions of learning experiences in both the academic and fieldwork phase of their education. If a student has a concern about any phase of the learning experience, he/she will follow the appropriate channels of communication in the facility/agency.
  - <u>Academic</u>: Student, Instructor, Program Director, Academic Dean. The student is encouraged to seek counsel throughout the process.
  - <u>Fieldwork Experience</u>: Immediate supervisor, then through the established channels of communication at the facility/agency. Both the student and facility must communicate with the academic fieldwork coordinator throughout the process.
- 12. Students are expected to complete candid and constructive written evaluations of each course in which they are enrolled, including fieldwork.

# Writing Site-Specific Fieldwork Objectives for the OTA Student

When writing objectives you are communicating to your students the expectations of entry-level practice at your facility. Objectives should include a behavioral statement or targeted behavior, a criterion statement that identifies the level of performance expected of the student, and a condition statement that identifies the expected context of the identified behavior. The Fieldwork Performance Evaluation (FWPE) was designed to measure entry level competency which is reflected in categories relating to: 1. Fundamentals of Practice, 2. Basic Tenets of Occupational Therapy, 3. Evaluation and Screening, 4. Intervention, 5. Communication and 6. Professional Behavior. Below you will find basic questions to

assist you in developing objectives in each category, followed by sample objectives written for a particular practice area, or objectives applicable to all practice areas.

# Fundamentals of Practice: What will be your measure of whether the student is practicing in a safe and ethical manner?

All: Consistently follows facility guidelines for patient confidentiality in written and personal interactions with clients, staff members, and family

Mental Health: Consistently monitors sharp objects at all times and follows facility precautions for elopement.

Physical Health: Consistently uses safety belt as indicated during patient transport and transfers

**Children:** Consistently follows facility policies regarding entering and leaving school settings and transportation of students

# **Basic Tenets of OT:** What will show you that the student understand and can explain the basic values and beliefs of OT? To whom and how will they be communicated?

Mental Health: Can clearly explain to treatment team members how OT services will assist clients to participate more effectively in social, work and leisure occupations

**Physical Health:** Can clearly explain to family members and significant others how participation in occupational therapy will assist clients to regain participation in ADL and IADL occupations

**Children:** Can clearly explain during IEP process how purposeful activities used will allow students to engage successfully in their educational process

Evaluation and Screening: What background information should be gathered regarding the occupational functioning (occupational profile) of clients at your facility? What sources should be utilized to obtain information? What specific assessments/screening tools are used: how will you measure competency in assessment selection and administration? How should evaluation results be reported? How should evaluation results influence the treatment plan?

Mental Health: Through chart review and client interview gathers historical data on client functioning in ADL's, IADL's, leisure and work, clearly articulating differences between client report and actual client performance.Physical Health: Will gather medical information from chart as well as client interview to identify client pattern of participation in relevant areas of occupation prior to present hospitalization including client priorities for participation.Children: Accurately completes record reviews, interviews, general observations, and checklists to gather information regarding client, parent and teacher perspectives of occupational function

**Mental Health:** Accurately administers standardized assessments chosen by the occupational therapist and interviews client to assist the occupational therapist in determining client level of occupational function and factors which support and hinder function with 7 days of client admission.

**Physical Health**: Accurately completes standardized OT evaluation assessments for assigned clients and reports and assists occupational therapist in interpretation of data collected to establish treatment plan.

**Children:** Accurately completes standardized assessments of sensory-motor skill handwriting ability, fine/gross motor skills and collaborates with occupational therapist in interpretation of data collected to establish treatment intervention. **All:** Documents evaluation results according to standard format and accurately and thoroughly reports assessment information in team planning conference

All: Utilizes assessment information to establish a treatment plan in collaboration with the occupational therapist that considers client lifestyle, strengths, needs and discharge status.

Intervention: What interventions (preparatory, purposeful and occupation-based) do you expect the student to be competent in using by the end of the fieldwork experience and how can competency in intervention use be measured? How will you determine whether interventions selected are appropriate? How do you expect collaboration between the therapist and the client to occur during the intervention process? What will

# demonstrate to you that the student can adapt activities and modify interventions when appropriate? How can the student demonstrate competency in documentation of services?

**Mental Health:** Will effectively utilize group activities and therapeutic group process to encourage client social participation and leisure skills

**Physical Health:** Will demonstrate ability to utilize principles of Neuro-Developmental Treatment approach during self-care occupations with CVA clients as appropriate

**Physical Health**: Will confidently fabricate a resting hand splint, following policies of the facility, and provide instruction to client in regard to splint wear and care.

**Children:** Provide sensory-integrative therapy according to established protocol; modifying task approach and environment as necessary.

All: Consistently selects intervention activities that incorporate the desired occupations of the client

All: Uses professional literature and accepted resources to guide intervention selection

Mental Health: Will complete daily progress notes, clearly identifying client potential for caring for self in a community environment

**Physical Health**: Completes progress notes on a weekly basis, clearly indicating client potential for return to anticipated discharge disposition.

Children: Accurately reviews client progress in relation to established IEP goals

# Communication: What would demonstrate to you that the student possesses the essential verbal, nonverbal, and written communication skills required at your facility?

**All**: Clearly and effectively communicates observations during treatment intervention to occupational therapist and provides regular and thorough written and verbal updates to relevant family and treatment team members regarding treatment progress.

All: Demonstrates ability to modify language according to needs of intended audience whether third-party-payers, family members or treatment team members.

All: Interacts with others in such a way that invites client collaboration and respect for OT services

# **Professional Behaviors:** What do you expect of a student in regard to essential work skills and behaviors of a health care professional at your facility?

All: Participates responsibly in the supervisory process; utilizing available resources, communicating assertively and respectfully, and responding appropriately to constructive feedback

All: Follows through on all assigned duties and responsibilities; seeks out additional learning opportunities

All: Demonstrates respect for lifestyle choices of clients

All: Demonstrates ability to be flexible, modifying approach and expectations as the situation warrants

If you design your objectives to match these categories, you will find it easier to clarify your expectations of students from the beginning of the rotation and objectives developed will be consistent with the OT Practice Framework and the NCTC curriculum design. In addition, you will be able to more efficiently monitor and evaluate the student's performance throughout the fieldwork experience. Although you do not necessarily have to have an objective for each item on the FWPE, you will want to address the general questions for each category.

Please feel free to use and modify any of the above objectives to reflect the particular competencies expected of students at your facility. Please be aware that the above list is not comprehensive, but is intended to give you a good start on writing objectives which match the competencies unique to your site.

Some of the above items have been adapted from "The Essential Guide to Occupational Therapy Fieldwork Education", edited by Donna Costa, MS, OTR/L, available at AOTA Press, ISBN # 1-56900-195-2. This manual would be an excellent overall resource for the fieldwork educator and cover information on several relevant topics. In addition, the

AOTA website (<u>www.aota.org</u>) offers helpful information and guidelines for both new and experienced fieldwork educators. The website that will take you directly into fieldwork education resources is: <u>http://www.aota.org/nonmembers/area13/links/link07.asp</u>. The following pages are samples of the website pages from the AOTA fieldwork educator's site.

#### OTA Student Fieldwork Objectives (Example) Level II Physical Health Setting

#### I. Fundamentals of Practice:

- 1. Ethics: Adheres consistently to the AOTA Code of Ethics and site's policies and procedures
- a. Becomes familiar with policies and procedures that pertain to occupational therapy
- b. Becomes familiar with the Occupational Therapy Association Code of Ethics
- c. Follows the OT Code of Ethics, and the policies/procedures related to specific work site.
- d. Respect individual goals, wishes, and expectations of patient
- e. Demonstrate respect for client confidentiality by protecting written documentation from other people's view and select private spaces to discuss client information with supervisor or other team members
- f. Demonstrate honesty in billing for time/interventions
- 2. Safety: Adheres consistently to safety regulations. Anticipates potentially hazardous situations and takes steps to prevent accidents.
- a. Consistently follows universal precautions at all times
- b. Monitors client's vital signs before, during, and after interventions
- c. Reviews facility's fire drill/tornado plan
- d. Participates in drills/events and responds according to procedure

#### 3. Safety: Uses sound judgment in regard to safety of self and others during all fieldwork-related activities.

- a. Consistently evaluates environmental set up for safety before providing interventions with clients, including but not limited to transfer setup, shower safety, and level of environmental stimuli.
- b. Consistently follows equipment safety protocols
- c. Ensure client's safety and comfort at all times especially when specialized equipment is involved (wheelchairs, computers, and walkers).
- d. Adhere to facility policy regarding use of modalities, use of sharps, and operating equipment in the OT clinic
- e. Chooses activities that are safe, age appropriate, and appropriate for cognitive/emotional/physical capabilities of clientele.

#### **II.** Basic Tenets of Occupational Therapy

- 4. Occupational Therapy Philosophy: Clearly communicates the values and beliefs of OT, highlighting the use of occupation to clients, families, significant others, and service providers.
- a. Clearly explains the purpose of occupational therapy to patients
- b. Clearly define the role of OT and relate it to the activity that the patient is participating in.
- c. Explain the value of activity chosen with respect to clients own life activities/occupations
- d. Define the OT process in an effective manner that is understandable to clients
- e. Clearly communicates the values and beliefs of occupational therapy with other disciplines within the treatment team meeting structure as well as informally outside of the team
- 5. Occupational Therapist/Occupational Therapy Assistant Roles: Communicates the roles of the occupational therapist and occupational therapy assistant to clients, families, significant others, and service providers.
- a. Clearly communicates the roles of occupational therapist and the occupational therapy assistant to treatment team members
- b. Clearly explains the roles of the occupational therapist and occupational therapy assistant to patients.
- 6. Evidence-Based Practice: Makes informed practice decisions based on published research and relevant informational resources.

- a. Reviews available journals, textbooks, in planning treatment sessions
- b. Uses available resources to help make decisions about patient care.
- c. Consistently discusses the rationale of intervention strategies with supervisor and team members, citing relevant resources from the literature.

# III. Evaluation/Screening

- 7. Gathers Data: Under the supervision of and in cooperation with the occupational therapist and/or occupational therapy assistant, accurately gathers relevant information regarding a client's occupations of self care, productivity, leisure, and the factors that support and hinder occupational performance.
- a. Gathers data by reviewing the medical record, listening in treatment teams and interacting with the patient
- b. Assists in the accurate identification of clients' areas of occupational strengths and challenges
- c. Obtains information that supports and/or hinders the patient's occupational performance (self care, work, and leisure; performance skills and patterns; contexts and client factors).
- 8. Administers Assessments: Establishes service competency in assessment methods, including by not limited to interviews, observations, assessment tools and chart reviews within the context of the service delivery setting
- a. Accurately completes the ADL/mobility assessments using the Functional Independence Measure (FIM) scale after establishment of service competency.
- b. Reviews the procedure with supervisor prior to administering an assessment
- c. Under supervision from an occupational therapy practitioner, administers assessments (POG, Pinch, CAM, ROM measurements, Test of Visual Perceptual skills, etc)
- d. Gathers pertinent data from the chart review.
- e. Gathers pertinent data from patient/family interview.
- 9. Interprets: Assists with interpreting assessments in relation to the client's performance and goals in collaboration with the occupational therapist.
- a. Based on the evaluation results, assists with identifying the education needs for the client, family, and significant others to support discharge

#### 10. Reports: Reports results accurately in a clear, concise manner that reflects the client's status and goals.

- a. Verbally reports the results of assessments to an occupational therapy practitioner.
- b. Writes a clear, concise report of assessment results within a timely manner.
- 11. Establishes Goals: Develops client-centered and occupation-based goals in collaboration with the occupational therapist.
- a. Assists in setting goals based on evaluation results, client's goals and desires, and discharge environment.

# IV. Intervention:

- **12.** Plans Intervention: In collaboration with the occupational therapist, establishes methods, duration and frequency of interventions that are client-centered and occupation-based. Intervention plans reflect context of setting.
- a. Consistently identifies realistic goals for intervention based on client's needs, preferences, abilities, and the stage of recovery, in collaboration with the OT.
- b. Plans interventions that are occupation-based and client-centered using the resources available.
- 13. Selects Intervention: Selects and sequences relevant interventions that promote the client's ability to engage in occupations
- a. Identifies and uses appropriate intervention strategies that promote the client's participation desired occupations on discharge

- b. Determines the patient's anticipated discharge environment to assist in prioritizing needs
- c. Selects relevant interventions that promote the patient's ability to engage in occupations
- d. Shares intervention ideas with the occupational therapy practitioner prior to implementation
- e. Logically sequences interventions to assist patient in meeting the treatment goal
- 14. Implements Intervention: Implements occupation-based interventions effectively in collaboration with clients, families, significant others and service providers.
- a. Consistently selects intervention activities that encompass the full scope of activities the patient will participate in on discharge.
- b. Implements interventions that support the client's identified goals and needs
- c. Provides education to patient, family, significant others and service providers to their level of understanding
- d. Recognizes patient abilities and assists only when necessary

# 15. Activity Analysis: Grades activities to motivate and challenge clients in order to facilitate progress.

- a. Completes activity analyses as assigned.
- b. Chooses activities that are at the skill level of the patient, and will assist the client in reaching maximum potential and reaching goals established.
- c. Continual progress toward established goals is noted in weekly notes that indicate appropriate level of challenge for the patients.

# **16.** Therapeutic Use of Self: Effectively interacts with clients to facilitate accomplishments of established goals

- a. Effectively varies approach, taking into consideration the patient's age, level of understanding, and treatment needs
- b. Offers positive feedback when patient meets expectations.
- c. Engages in effective "in the moment" interactions during intervention sessions to ensure safety and maximize functional outcomes of patients.
- d. Routinely assesses approach with patients and modifies own behavior as needed to promote therapeutic interactions
- **17.** Modifies Intervention Plan: Monitors the client's status in order to update, change, or terminate the intervention plan in collaboration with the occupational therapist.
- a. Accurately identifies when client has positive or negative response to interventions and initiates revision of short-term goals in collaboration with the OT.
- b. Reports recommended changes to occupational therapy practitioner before implementing change
- c. Prepares the patient for changes in the intervention plan

# V. Communication

- **18.** Verbal/Nonverbal Communication: Clearly and effectively communicates verbally and nonverbally with clients, families, significant others, colleagues, services providers, and the public
- a. Shows initiative in sharing pertinent observations with occupational therapy practitioner following each treatment session. Contributes ideas/observations regarding patient care during team meetings.
- b. Uses a non-threatening, accepting approach when interacting with patients. Displays an engaging demeanor while maintaining professional boundaries.
- c. Clearly and effectively communicates verbally and nonverbally with clients, families, significant others, colleagues, service providers, and the public demonstrating congruency between actions and words
- d. Shares pertinent information during team meetings, family conferences, etc, representing occupational therapy in a professional manner
- **19.** Written Communication: Produces clear and accurate documentation according to site requirements. All writing is legible using proper spelling, punctuation, and grammar.
- a. All written documentation is legible, with correct spelling punctuation, and grammar.

- b. All written requirements are completed in a timely manner.
- c. Patient progress notes address the assigned short term goals
- d. Accurately completes all paperwork within departmental guidelines.

## VI. Professional Behaviors:

- **20.** Self-Responsibility: Takes responsibility to attaining professional competence by seeking out learning opportunities and interactions with supervisor(s) and others
- a. Locates, effectively uses, and initiates discussion about resources being used to guide own learning.
- b. Seeks out other team members to learn another perspective to patient care
- c. Engages in clinical reasoning conversations with occupational therapy practitioner following treatment interventions to enhance learning experience.
- d. Demonstrates independent problem solving by checking resources before asking the occupational practitioner. Suggests options for solving the problem

#### 21. Responds to Feedback: Responds constructively to feedback

- a. Notice and respond to feedback in a way that would encourage an open exchange of ideas and develop entry-level skills in an effective way.
- b. "Hear" and act upon constructive feedback from supervisor by making suggestions as to what could have been or needs to be changed
- c. Demonstrate an active and positive attitude evidenced by body language and use of voice
- d. Verbalize understanding of feedback and develop effective and measurable goals for improvement as needed
- e. Demonstrate change in behavior that shows an understanding of feedback and movement towards acquiring professional behaviors
- 22. Work Behaviors: Demonstrates consistent work behaviors including initiative, preparedness, dependability, and work site maintenance.
- a. Plans treatment sessions in advance, making sure needed supplies and equipment are readily available
- b. Prepares an alternative plan in case original plan does not go as intended
- c. Recognizes opportunities and volunteers to help
- d. Takes initiative to collaborate with occupational therapy practitioner with treatment intervention ideas.

# 23. Time Management: Demonstrates effective time management

- a. Arrives to work, treatment sessions, and meetings on time
- b. Completes assignments on time. Initiates discussing difficulties with work load (too much, too little) with occupational therapy practitioner
- c. Manages schedule. Initiates discussing difficulties with work load with occupational therapy practitioner.
- 24. Interpersonal Skills: Demonstrates positive interpersonal skills including but not limited to cooperation, flexibility, tact, and empathy.
- a. Discusses with occupational therapy practitioner any personal or professional situations that may be disruptive to work performance
- b. Displays an approachable demeanor
- c. Respects others and their space/belonging in a shared office and work area.
- 25. Cultural Competence: Demonstrates respect for diversity factors of others including but not limited to socio-cultural, socioeconomic, spiritual, and lifestyle choices.
- a. Through formal or informal interview, determines a patient's values
- b. Considers a patient's values in planning/implementing treatment sessions
- c. Consistently selects occupations that "fit" with client's values and beliefs

#### OTA STUDENT FIELDWORK OBJECTIVES (Example) Psychosocial Setting LEVEL II

#### I. Fundamentals of Practice

- 1. **Ethics:** Adheres consistently to the American Occupational Therapy Association Code of Ethics and site's policies and procedures.
  - a. Becomes familiar with policies and procedures that pertain to occupational therapy.
  - b. Becomes familiar with the Occupational Therapy Association Code of Ethics.
  - c. Follows the OT Code of Ethics, and the policies/procedures related to specific work site.
- 2. **Safety:** Adheres consistently to safety regulations. Anticipates potentially hazardous situations and takes steps to prevent accidents.
  - a. Becomes familiar with the safety issues related to patient care in a mental health facility (ex. safe use of keys, tools and equipment; guidelines for taking patients off the unit).
  - b. Reviews the fire drill/tornado plan.
  - c. Participates in drills/events and responds according to procedure.
- 3. Safety: Uses sound judgment in regard to safety of self and others during all fieldwork-related activities.
  - a. Considers safety in the selection of activities.
  - b. Engages patients in safe activities.
  - c. Immediately reports to the occupational therapy practitioner any observed unsafe activity.
  - d. Recognizes when a patient is becoming agitated and uses sound judgment in responding to the patient's behaviors.

#### **II.** Basic Tenets of Occupational Therapy

- 4. **Occupational Therapy Philosophy:** Clearly communicates the values and beliefs of occupational therapy, highlighting the use of occupation, to clients, families, significant others, and service providers.
  - a. Clearly communicates the values and beliefs of occupational therapy with other disciplines within the treatment team meeting structure as well as informally outside of team.
  - b. Clearly explains the purpose of occupational therapy to patients.
- 5. Occupational Therapist/Occupational Therapy Assistant Roles: Communicates the roles of the occupational therapist and occupational therapy assistant to clients, families, significant others, and service providers.
  - a. Clearly communicates the roles of occupational therapist and the occupational therapy assistant to treatment team members.
  - b. Clearly explains the roles of occupational therapist and occupational therapy assistant to patients.

6. **Evidence-based Practice:** Makes informed practice decisions based on published research and relevant informational resources.

- a. Reviews available journals, textbooks, activity books, etc. in planning treatment sessions.
- b. Uses available resources to help make decisions about patient care.

#### **III. Evaluation/Screening**

- 7. **Gathers Data:** Under the supervision of and in cooperation with the occupational therapy practitioner, accurately gathers relevant information regarding a client's occupations of self care, work, and leisure, and the factors that support and hinder performance.
  - a. Gathers data by reviewing the medical record, listening in treatment teams, and interacting with the patient.

- b. Obtains information that supports and/or hinders the patient's occupational performance (self care, work, and leisure; performance skills and patterns; contexts and client factors).
- 8. Administers Assessments: Uses assessment methods effectively and accurately, including but not limited to interviews, observations, assessment tools, and chart reviews, within the context of the service delivery setting.
  - a. Reviews the procedure with supervisor prior to administering an assessment.
  - b. Under supervision from an occupational therapy practitioner, administers assessments (ex. KELS, KTA, initial screening).
- 9. Interprets: Assists with interpreting assessments in relation to the client's

performance and goals in collaboration with the occupational therapy practitioner.

- a. With guidance from occupational therapy practitioner, interprets results of assessment, including patient's performance and therapist's recommendations.
- 10. **Reports:** Reports results accurately in a clear, concise manner that reflects the client's status and goals.
  - a. Writes a clear, concise report of assessment results within a timely manner.
  - b. Verbally reports the results of assessments to (a) clinical team members, or (b) occupational therapy team representative, who will share with the patient's treatment team.
- 11. **Establish Goals:** Develops client-centered and occupation-based goals in collaboration with an occupational therapy practitioner.
  - a. With guidance from the occupational therapy practitioner, develops patient goals that are clientcentered and occupation-based.
  - b. Writes treatment plans as assigned using the outline provided.

#### **IV. Intervention**

- 12. **Plans Interventions:** In collaboration with the occupational therapy practitioner, establishes methods, duration and frequency of interventions that are client-centered and occupation-based. Intervention plans reflect context of setting.
  - a. With direction from the occupational therapy practitioner, establishes methods, duration, and frequency of intervention. Include this information in weekly treatment plans.
  - b. Plans an intervention that is occupation-based and client-centered, using the resources available to the unit.
- 13. Selects Intervention: Selects and sequences relevant interventions that promote the client's ability to engage in occupations.
  - a. Determines the patient's anticipated discharge environment to assist in prioritizing needs.
  - b. Selects relevant interventions that promote the patient's ability to engage in occupations.
  - c. Shares intervention ideas with the occupational therapy practitioner prior to implementation.
  - d. Logically sequences interventions to assist patient in meeting the treatment goal.
- 14. **Implements Intervention:** Implements occupation-based interventions effectively in collaboration with clients, families, significant others and service providers.
  - a. Prepares the patient for initial and on-going treatment by explaining the OT setting, expectations, and routine at the patient's level of understanding.
  - b. Attends to the specified goals of both the individual patient and the group as a whole.
  - c. Recognizes patient abilities and assists only when necessary.
- 15. Activity Analysis: Grades activities to motivate and challenge clients in order to facilitate progress.a. Completes activity analyses as assigned using outline provided.

- b. In treatment sessions, chooses activities (a) at the skill level of the patient, (b) that will assist the patient in reaching maximum level of success, and (c) that will assist the patient in reaching established goals.
- 16. Therapeutic Use of Self: Effectively interacts with clients to facilitate accomplishments of established goals.
  - a. Effectively varies approach, taking into consideration the patient's age, level of understanding, and treatment needs.
  - b. Offers positive feedback when patient meets expectations.
  - c. Deals effectively with behaviors that are not within expectations, maintaining a non-judgmental, firm, consistent approach.
  - d. Routinely assesses approach with patients and modifies own behavior as needed to promote therapeutic interactions.
- 17. **Modifies Intervention Plan:** Monitors the client's status in order to update, change, or terminate the intervention plan in collaboration with the occupational therapy practitioner.
  - a. Monitors the need for program changes (ex. need for a different level of group, change of focus in treatment sessions).
  - b. Reports recommended changes to occupational therapy practitioner before implementing change.
  - c. Uses sound judgment in modifying the intervention plan.
  - d. Prepares the patient for changes in the intervention plan.

#### V. Communication

- 18. Verbal/Nonverbal Communication: Clearly and effectively communicates verbally and nonverbally with clients, families, significant others, colleagues, service providers, and the public.
  - a. Uses a non-threatening, accepting approach when interacting with patients. Displays an engaging demeanor while maintaining professional boundaries.
  - b. Shares pertinent information in team meetings (ex. contributes to MTP/MTPR discussions, shares OT assessment results, relates specific patient assets and limitations that impact treatment such as memory changes, needs eyeglasses, hard of hearing, etc.). Represents occupational therapy in a professional manner.
  - c. Shows initiative in sharing pertinent observations with occupational therapy practitioner following each treatment session. Contributes ideas/observations regarding patient care during OT staff meetings.
- 19. Written Communication: Produces clear and accurate documentation according to site requirements. All writing is legible, using proper spelling, punctuation, and grammar.
  - a. All written documentation is legible, with correct spelling, punctuation, and grammar.
  - b. All written requirements are completed in a timely manner
  - c. Patient progress notes address the assigned short term goals
  - d. Subjective data included in patient documentation will be substantiated by specific, measurable observations.

#### **VI:** Professional Behaviors

- 20. Self Responsibility: Takes responsibility to attaining professional competence by
  - seeking out learning opportunities and interactions with supervisor(s) and others.
    - a. Demonstrates independent problem solving by checking resources before asking the occupational therapy practitioner. Suggests options for solving the problem.
    - b. Utilizes on-site resources (ex. library, IVN).
    - c. Engages in clinical reasoning conversations with occupational therapy practitioner following group sessions to enhance learning experience.

- d. Increases knowledge base by asking what's available.
- e. Seeks out other team members to learn another perspective to patient care.
- 21. **Responds to Feedback:** Responds constructively to feedback.
  - a. Is open to feedback.
  - b. Attempts to modify behavior.
- 22. Work Behavior: Demonstrates consistent work behaviors including initiative, preparedness, dependability, and work site maintenance.
  - a. Recognizes opportunities and volunteers to help.
  - b. Has treatment sessions planned in advance, making sure needed supplies and equipment are readily available.
  - c. Has an additional/alternate plan in place in case original plan does not go as intended.
  - d. Takes the initiative to collaborate with treatment group co-leaders (to plan, organize, implement, etc.).
- 23. Time Management: Demonstrates effective time management.
  - a. Arrives to work, treatment groups, and meetings on time.
  - b. Completes assignments on time. Initiates discussing difficulties with work load (too much, too little) with occupational therapy practitioner.
  - c. Manages schedule. Initiates discussing difficulties with work load with occupational therapy practitioner.
- 24. **Interpersonal Skills:** Demonstrates positive interaction skills including but not limited to cooperation, flexibility, tact, and empathy.
  - a. Discusses with occupational therapy practitioner any personal or professional situations that may be disruptive to work performance.
  - b. Displays an approachable demeanor.
  - c. Respects others and their space/belongings in a shared office and work area.
- 25. **Cultural Competence:** Demonstrates respect for diversity factors of others including but not limited to socio-cultural, socioeconomic, spiritual, and lifestyle choices.
  - a. Through formal or informal interview, determines a patient's values.
  - b. Considers a patient's values in planning/implementing treatment sessions.
  - c. Assertively addresses cultural diversity if conflict arises during a group session.

Written 7-31-03 by Jody Larson, ND State Hospital

#### Suggestions for Level II Assignments:

The following suggestions were posted on the AOTA Clinic and Academic Fieldwork Educators Listserv during 2003: (This information was published in *The Essential Guide to Occupational Therapy Fieldwork Education: Resources for Today's Educators and Practitioners*.

- Present an in-service to OT staff on the *Occupational Therapy Practice Framework*, using whatever materials were used when it was taught to them in the classroom
- Present a case study completing each section of the *Framework* with information obtained/observed about the specific patient
- Have students develop patient education materials on specific diseases, symptoms, and/or treatments

- Perform literature searches on assessment and intervention techniques to support evidence-based practice
- Develop documentation formats for staff supervision, treatment consultation, and/or monitoring
- Design a needs assessment for a given population
- Perform background research for a potential new program (i.e. driving program, teen parenting program, etc)
- Compile resources for staff that are reflective of occupation-based practice.
- Fabricate a treatment medium to leave at the facility.
- Present a research/educational project that would help staff and/or patients
- Present articles of interest to staff, or conference proceedings
- Make a piece of therapeutic equipment such as dressing board with layers of shirts with various kinds of closures
- Create a notebook/brochure of available community resources, such as self-help groups, crisis/hot lines, social service agencies, and other community service providers
- Organize an OT month display/celebration/event for the entire facility
- Create a reality orientation board, or memory notebook for elderly residents
- Bring in items for cognitive rehabilitation training, such as train/bus schedules, coupons, grocery store circulars, community maps, local newspapers, etc
- Make a presentation to a support group on a topic of interest to that the groups' participants- such as crisis/hot lines for members of a depression support group, or energy conservation techniques for an arthritis or fibromyalgia support group.

Some additional ideas for assignments include:

- Practice analysis whereby the student examines the population, assessments, or interventions commonly seen in the fieldwork setting. The student could examine the typical diagnoses or conditions seen, the gender distribution, age distribution, typical occupational roles, average duration of services, average frequency of services typical disposition destination and common reimbursement sources of the fieldwork site. By understanding the demographics of the clients served, it will assist in the implementation of occupation-based services to the populations served.
- Students could also categorize the assessment tolls and /or interventions that they observe in practice to determine the relationship to occupation. This assignment could help identify possible ways to enhance occupation-based services.
- Students could develop and implement a group for the population served at the facility. The student must provide a protocol for the group, occupations addressed by the group, objectives and goals for the group. Step by step instructions along with a list of necessary equipment and supplies and time frames for each step would assist in a successful implementation of the group in the future. The headings included in the Activity Demands category of the *Framework* can serve as an excellent guide for completing this assignment.
- Students could develop "intervention kits" which could facilitate efficient implementation of meaningful occupation-based interventions. Activities such as hand sewing, cutting coupons, caring for nails, shaving, applying make-up, wrapping packages, doing carpentry, plumbing, mechanical skills, paying bills, crossword or word search puzzles, would all lend themselves to being included in intervention kits.

#### POLICIES CONCERNING FIELDWORK EXPERIENCES IN THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM NORTHLAND COMMUNITY AND TECHNICAL COLLEGE

# **Policy on Level I Facility Qualifications**

Level I fieldwork introduces students to types of services provided and the various client populations. This experience provides the student with an opportunity to further develop their professional behavior. Level I fieldwork is included as part of a course and includes experiences to enrich their classroom learning through directed observation and participation in the occupational therapy process. Fieldwork experiences are selected to correlate with the content of the coursework. Students complete Level I experiences in facilities with the focus on children and adolescent psychological and social

factors and in facilities with the focus on children and adolescent physical health as well as in facilities with the focus on adult psychological and social factors and adult physical health at the same time as they are presented in the curriculum. Fieldwork sites are selected to provide students with a range of experiences across practice environments.

Fieldwork sites may fall in one of the following categories: acute, sub-acute, long term care, rehabilitation, community or hospital based.

In accordance with Standards for An Accredited Educational Program for the Occupational Therapy Assistant, 2011; qualified personnel for supervised Level I fieldwork include, but are not limited to, occupational therapy practitioners initially certified nationally, graduates of an OT or OTA program, psychologists, physician assistants, teachers, social workers, counselors, nurses and physical therapists.

#### POLICIES CONCERNING FIELDWORK EXPERIENCES IN THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM NORTHLAND COMMUNITY AND TECHNICAL COLLEGE

#### **Policy on Level II Facility Qualifications**

Fieldwork sites are selected to provide students with a range of experiences across practice environments.

The criteria for selection of Level II fieldwork centers include:

- 1. Staff attitude toward students
- 2. Compliance with ACOTE OTA Standards concerning supervision
  - I. Supervisor must be currently licensed or otherwise regulated occupational therapist or occupational therapy assistant (under the supervision of an occupational therapist) who has a minimum of 1 year full-time (or its equivalent) of practice experience subsequent to initial certification and who is adequately prepared to serve as a fieldwork educator.
  - II. The supervising therapist may be engaged by the fieldwork site or by the educational program.
- 3. Projected number of individuals seen for services during the specified time period
- 4. Qualifications of staff supervising
- 5. Opportunity for continuing education i.e., in-services
- 6. Willingness to collaborate with OTA faculty

In addition to the above, the following methods and standards are used to approve a facility for fieldwork that is not approved by a recognizing agency.

- 1. Level II supervision must be from an Occupational Therapy Practitioner who is certified.
- 2. The facility's mission and philosophy are clear and are in congruence with that of the Northland Community and Technical College.
- 3. Staff roles are clearly defined by the facility fieldwork coordinator.

#### Policy on a non-traditional level II site:

- 1. Supervision in a facility with no occupational therapy must include the following:
  - a. A documented plan for provision of occupational therapy assistant services and supervision by a currently licensed or otherwise regulated occupational therapist or occupational therapy assistant (under the direction of an occupational therapist) with at least 3 years' full-time or its equivalent of professional experience.
  - b. Supervision must include a minimum of 8 hours of direct supervision each week of the fieldwork experience.
  - c. An occupational therapy supervisor must be available, via a variety of contact measures, to the student during all working hours.
  - d. An on-site supervisor designee of another profession must be assigned while the occupational therapy supervisor is off site.

#### **International Placements:**

There is currently one international fieldwork placement opportunity that is coordinated through the Jessie F. Richardson Foundation. This placement is in Nicaragua. The students are supervised by an occupational therapist who graduated from a program approved by the World Federation of Occupational Therapists and has more than 1 year of experience in practice.

## Policy on Establishment of New Fieldwork Experiences: College Generated

Fieldwork experiences may be initiated by the facility or the Occupational Therapy Assistant Program at the College. Once contact has been made, the process is as follows:

- 1. The academic fieldwork coordinator will complete a preliminary screening of a fieldwork site via telephone or email to see if the facility meets the minimum requirements for a fieldwork experience.
- 2. The academic fieldwork coordinator will then submit a request with the Dean to work with the fieldwork site in getting a signed contract between the two entities.
- 3. The academic fieldwork coordinator will provide the fieldwork site with information regarding the program and its fieldwork requirements, including the website for information about the program that includes a section on fieldwork.
- 4. The academic fieldwork coordinator will send an electronic version of the AOTA Fieldwork Data Form (also available on the website) for the facility to complete and email back for the OTA program's records.
  - A. This form requests information on the philosophy of the fieldwork experience, the number and diagnostic categories of the patients as well as the evaluation and treatment procedures used in the occupational therapy program at the facility.
- 5. Upon receipt of the information, it is reviewed by the academic fieldwork coordinator to determine whether the facility meets the NCTC Occupational Therapy Assistant Program established criteria for Level II fieldwork settings. This information may also be reviewed by the program director, and further information may be requested or the facility may be requested to modify some aspects of the experience to meet the criteria.
- 6. Once the facility has been approved as a fieldwork site, the sites information is then sent to the Administration at Northland Community and Technical College and they send the site a contract to set up a memoranda of understanding. The Administration Office takes care of all site contracts and keeps all contracts on file. Once the contract is approved, the Administration Office notifies the Academic Fieldwork Coordinator and then the site information is added to the fieldwork data base and the site is listed as a possible choice for students when choosing Level II fieldwork

# Policy on Establishment of New Fieldwork Experiences: Student Generated

When a student is interested in doing a Level II fieldwork placement in a facility that does not have an agreement with Northland Community and Technical College the student must:

- 1. Send a filled out request form to the academic fieldwork coordinator stating the reasons for wanting to complete a fieldwork experience at a new site. The OTA faculty will review the request for approval or denial. The letter must be received by the academic fieldwork coordinator by February 1st of the year the fieldwork selections are being made.
- 2. If the request is approved, the student will need to contact the facility to determine if they are willing to accept a new contract and an OTA student. The student will give the name of the facility, contact persons name and phone number to the academic fieldwork coordinator. The academic fieldwork coordinator will contact the facility to complete a preliminary screening of the site. If the facility meets the minimum requirements for a fieldwork experience, then the necessary paperwork to establish a new contract will be completed as noted above in #6.
- 3. The facility must meet AOTA and NCTC's minimal criteria and must agree to accommodate the student during the specific time frame requested.
- 4. The selection process for fieldwork will be done the end of April prior to the year the student will be doing their placement. If a new contract has been established by this time, the student's name will be dropped from the selection list. If a new contract has not been secured by selection time, the student will need to decide if they want to continue to pursue a new placement or be part of the regular selection process. If the student continues to pursue a new placement, they will automatically forfeit their number in the selection process. Keep in mind that it can take up to 12 months to secure a contract with a new site and NCTC may be legally constrained in its ability to agree to the contractual terms and conditions of a site. There is a straightforward

contract process with the site accepting the NCTC contract language with no modifications. NCTC cannot agree to use the following language in contracts: "hold harmless" or indemnification, non-Minnesota state law, and arbitration clauses. The state constitution and college policy prohibits this wording in our fieldwork agreements. There are no guarantees when securing a new placement and students need to realize that fieldwork placements are difficult to find. IF a student chooses to pursue a new placement and the process fails, their name will be placed at the bottom of the selection list. Fieldwork must be completed within 18 months after completion of academic course work. Successful completion of fieldwork is required for graduation from the OTA program.

#### PROCESS FOR CHOOSING REQUIRED FIELDWORK PLACEMENTS FOR OCCUPATIONAL THERAPY ASSISTANT STUDENTS AT NCTC:

#### **Policy on Selection of Fieldwork Placements**

The academic fieldwork coordinator meets with all of the Occupational Therapy Assistant Students in the first full semester in the occupational therapy assistant program. At that time, the coordinator will talk with the students about the purpose of the fieldwork experience and present guidelines to assist students in making fieldwork choices.

At this time, students will be given access to a handout which lists the facilities where NCTC presently sends students for fieldwork experiences. Students are given a listing of those fieldwork settings with which we have reservations and the date of the reservations.

Fieldwork placements are selected in the spring semester of the first year. Students will have the opportunity to view the fieldwork data base prior to the placement selection. Many students have obligations such as young children or a job that will hinder their ability to travel outside the driving area for a fieldwork experience. Due to the number of students in this situation and the limited number of placement sites, placements are selected through a lottery system. Students draw a number to determine the order for selecting a site. A new number is drawn for each placement selection. There is no guarantee a student will be placed at their preferred site. Students must complete a prioritization form and submit it to academic fieldwork coordinator by the designated date. If it is not submitted by that date, student will forfeit their order in the selection process and go to the end of the line. The academic fieldwork coordinator reviews priority, criteria of facility, and matches students with settings appropriate to meet the student's academic goals. Efforts are made to assign students to settings on their priority form, but no guarantees are made. By the end of spring semester, students will receive a letter notifying them of their Level I and Level II placements.

Many centers have reservations about accepting students for a Level II fieldwork unless the student has successfully completed a Level I fieldwork at the facility or has successfully completed an interview with OT personnel at the facility. This serves a dual purpose. It gives the OT personnel at the facility the opportunity to determine whether the student can meet their expectations and gives the student the opportunity to learn whether he/she will be able to function within the facilities learning environment and whether that facility meets his/her education goals. If the student feels the fieldwork does not meet their educational goals, he/she initiates the process to change the fieldwork experience.

Currently, many fieldwork facilities are requiring proof of immunizations, drug testing, fingerprints, and/or criminal background checks. NCTC completes a Minnesota background check once admitted into the OTA program. The student is also required to complete a National Background check. It is the responsibility of the student to check facility information in the manuals to ensure that requirements for both Level I and Level II fieldwork have been met. The Occupational Therapy Assistant Program at Northland College is not responsible for payment of these requirements nor is the program a clearing house for these records.

# **CHANGING FIELDWORK EXPERIENCES**

#### Policy on Changing or Canceling Fieldwork Placements.

#### 1. Student generated

Once a fieldwork site has been selected, changes are only considered in extreme emergencies. A student may request changes by writing a letter to the academic fieldwork coordinator requesting the change. The Occupational Therapy Assistant Program Faculty will make a decision whether to approve the request. The academic fieldwork coordinator will contact the student and inform the student as to the decision of the faculty. If the request is approved, the academic fieldwork coordinator will contact the agencies involved and will work with the student to find a fieldwork placement. Unless an extreme emergency has been established, all placements are final as of two months prior to the placement.

#### 2. Facility generated

Due to the unique arrangement for OTA fieldwork education, one student is generally assigned to one supervisor per placement. Facilities agree to provide placements based on the information available at the time of the request. The future is unpredictable and sometimes the potential fieldwork supervisor leaves for another job, gets sick, goes on maternity leave or leaves the setting for unspecified reasons. When this happens, the facility may choose to cancel the placement. This may happen the week before a placement is to occur. If this happens, the academic fieldwork coordinator will contact the student and will work to find a fieldwork site replacement. The assigned fieldwork replacement may be in a different geographical area and in a different time period, but will be within the 18 months following completion of academic courses. The academic fieldwork coordinator will assure that the replacement site meets the NCTC and AOTA requirements for fieldwork education.

#### **Policy on Level II Part Time placement**

If a student requests part time placement and a facility can accommodate the request, a part time placement may be arranged. The placement shall not exceed sixteen weeks and may not be less than half-time as defined by the fieldwork site. The fieldwork must be completed within 18 months of completion of academic courses.

**Standard C.1.13.** ACOTE 2011 Standards for an accredited educational program for the Occupational Therapy Assistant require a minimum of 16 weeks' full-time Level II fieldwork. This may be completed on a part-time basis, as defined by the fieldwork placement in accordance with the fieldwork placement's usual and customary personnel policies, as long as it is at least 50% of an FTE at that site.

#### Policy on Level II No On-Site Occupational Therapy

When a facility is interested in providing a Level II fieldwork experience and an occupational therapy practitioner will not be on site, the academic fieldwork coordinator will approach available Occupational Therapy practitioners regarding the possibility of providing at least eight hours a week of direct on-site supervision for the student for an eight week period and be available for the student during all working hours. If this is not possible to arrange, students will not be placed at the site for a Level II experience.

**Standard C.1.17.** ACOTE 2011 Standards for an accredited educational program for the Occupational Therapy Assistant. Ensure that supervision provided in a setting where no occupational therapy services exist includes a documented plan for provision of occupational therapy assistant services and supervision by a currently licensed or otherwise regulated occupational therapist or occupational therapy assistant (under the direction of an occupational therapist) with at least 3 years' full-time or its equivalent of professional experience. Supervision must include a minimum of 8 hours of direct supervision each week of the fieldwork experience. An occupational therapy supervisor must be available, via a variety of contact measures, to the student during all working hours. An on-site supervisor designee of another profession must be assigned while the occupational therapy supervisor is off site.

# <u>PROCESS FOR CHOOSING AN OPTIONAL FIELDWORK PLACEMENT FOR OCCUPATIONAL</u> <u>THERAPY ASSISTANT STUDENTS AT NCTC</u>

All students wishing to complete an Optional Level II fieldwork placement must successfully complete both Level II fieldwork experiences. Students that request an optional fieldwork must do so in writing to the academic fieldwork coordinator at least three months prior to scheduling of the fieldwork placement. The student must include in their request educational and career goals related to their requested placement. These optional fieldwork placements will be processed in the order they are received.

#### **Policy on Level II FW Hours:**

All students are scheduled to complete eight full weeks of fieldwork, which is consistent with AOTA's policy. The expectation of the program is that all students will complete 288 hours to fulfill this requirement. If the student should miss any days for any reason during the fieldwork, the student is expected to make arrangements with the supervisor to make up those days. If a student is placed in a school system, the student will be informed that they may have to complete more than 8 weeks to reach the 288 hour requirements or make other arrangements with the approval of both the fieldwork site supervisor and academic fieldwork coordinator to fulfill the missing hours. Furthermore, drive time is not counted in the 288 hours, unless the student is riding with their fieldwork site supervisor and discussing patient care or other items concerning fieldwork.

# THE PROCESS OF SCHEDULING A STUDENT FOR A REPEAT FIELDWORK

#### Policy on Post Withdrawal from Level II Fieldwork

The student who has been withdrawn from fieldwork or who has failed a fieldwork experience may petition to repeat a fieldwork experience. The petition must be in written form and sent to the academic fieldwork coordinator requesting consideration of a second fieldwork placement. A unanimous decision must be made from the Northland Community and Technical College Dean of Academic Affairs and the Occupational Therapy Assistant Program faculty supporting a repeat experience is required. Repeating fieldwork is dependent upon fieldwork site availability. The college will require a plan for successful completion of Fieldwork be completed prior to the repeated fieldwork experience. If unanimous affirmation is not received the student will be terminated from the OTA program and their registration canceled. If approved, the student will be assigned a placement during the next available fieldwork session. This may be the following summer or fall semester. This also may not be in a student preferred geographical location.

Upon anticipation of restarting a fieldwork experience the new fieldwork site/facility must be informed that it is a repeat fieldwork experience. The fieldwork site/facility is given the opportunity to interview the student prior to committing to a fieldwork experience with that student.

#### A student may not repeat fieldwork after two fieldwork withdrawals and/or failures.

Students must complete all required fieldwork within 18 months of completion of academic coursework. If a student is unable to complete fieldwork within this time frame, the student must retake pertinent academic coursework prior to the fieldwork assignment.

#### **Policy on Students with Disabilities**

OTA Department Policy on ADA Accommodations: Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 requires NCTC to provide academic adjustments or accommodations for students with documented disabilities. Students seeking academic adjustment or accommodations must self-identify with the Learning Services Coordinator. Appointments may be made at: 773-3441. After meeting with the Learning Services Coordinator,

and based on their recommendations, students are encouraged to meet with their instructors to discuss their needs, and if applicable, any fieldwork concerns related to their disabilities.

- The academic fieldwork coordinator seeks reasonable accommodations and accessibility with fieldwork sites for students with disabilities. Students are encouraged to identify their needs as soon as possible and share them with the fieldwork coordinator.
- The academic fieldwork coordinator is available to consult with the student and advise the student as they plan for a successful fieldwork experience. Expectations should be the same for students regardless of abilities; however, strategies to achieve entry-level competency may differ.

# POLICIES REGARDING STUDENT FIELDWORK PLACEMENT

#### Continuation of Fieldwork Site Experiences for NCTC Occupational Therapy Assistant Students

The standards for Accredited Educational Program demand excellent communication with fieldwork sites, and to accomplish this, NCTC faculty maintain contact through email and phone. If possible the academic fieldwork coordinator visits sites as well.

In addition, the academic fieldwork coordinator asks each facility to update their Fieldwork Data Forms annually. The facility fieldwork educator is expected to complete and return these forms to the Occupational Therapy Assistant Program. These forms serve to update the faculty and students as to experiences currently offered at each facility. Feedback from the students who have completed fieldwork at a facility are also considered in reviewing whether the facilities fieldwork program meets the educational needs of the students. Reviews of fieldwork facilities will be ongoing and will take into account all of the above considerations. If the facility is discontinued by NCTC, they will be informed of the reasons for such a decision, and if the facility chooses to withdraw from offering fieldwork experiences, they are also expected to notify NCTC Occupational Therapy Assistant Program of this decision and rationale. The information concerning that facility will then be removed from the fieldwork data base and be placed in an inactive file.

#### POLICIES REGARDING FIELDWORK EVALUATIONS/GRADES

#### Policy on Grading of Student Performance Level I

The official documentation for evaluation of the student's performance on Level I fieldwork will be the Northland Community and Technical College Occupational Therapy Assistant Program Level I Fieldwork Student Evaluation.

Points for the Level I experience will be divided between assignments from the instructor of the course and the evaluation from their fieldwork educator. The evaluation form is intended to be a feedback mechanism for the student, not a grading form. The fieldwork experience is a pass/fail experience with the student receiving all of the points if they pass, regardless of the total score of the form, and none of the points if they fail. It is possible for the student to receive passing grades on their written assignments and fail the fieldwork experience.

The student must complete the required hours of the Level I fieldwork and receive a "P" for the experience. In order to receive a "P" or passing grade for the experience, the student is allowed to receive no more than one score below a 2 or no more than two items scored below a 3. If the student does not pass the Level I fieldwork experience, they will not be able to pass the OTA course in which they are enrolled and will not be allowed to continue on through the OTA program.

#### Policy on Mid Term Evaluation of Level II Fieldwork Student Performance

All students on Level II fieldwork must receive a midterm evaluation from the fieldwork educator at or directly after four weeks. It is suggested that the fieldwork educator and the student independently complete the AOTA Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student at midterm. Using this process, the supervisor gets an understanding of where the students see themselves. As stated in the directions for the Fieldwork Performance Evaluation for the Occupational Therapy Assistant Student: "the student and fieldwork educator should collaboratively develop a plan which would enable the student to achieve entry-level competence by the end of the fieldwork experience.

This plan should include specific objectives and enabling activities to be used by the student and fieldwork educator in order to achieve the desired competence. The fieldwork educator must contact the academic fieldwork coordinator when: 1) a student exhibits unsatisfactory behavior in a substantial number of tasks or 2) a student's potential for achieving entry-level competence by the end of the affiliation is in question."

Please ensure that the student is starting to take on more clients so that by the end of the fieldwork the student is able to demonstrate the ability to manage a full time case load as appropriate for the setting, the severity of the client's condition, and the ability of the student. Also, during your midterm evaluation please evaluate the amount of supervision that the OTA student is requiring, as they should be requiring less and less supervision through-out the 8 weeks as is appropriate for the setting and client's condition.

If it is felt by the fieldwork educator that the student is at risk for not passing at midterm or any time during the fieldwork experience, the student and the college must be informed. The student will be involved in writing a plan and will receive a written plan (may use the student counseling form or other format preferred by the fieldwork supervisor) addressing problem areas to give an opportunity for remediation.

Purposes of student midterm evaluation

- 1. Help students identify strengths and weaknesses
- 2. Stimulate desire for improved performance
- 3. Identify specific educational needs
- 4. Recognize barriers to performance
- 5. Provide a forum for discussion for ways in which performance can be improved
- 6. Develop a plan with the student for improving identified areas of weakness
- 7. Certify competence and signify a rite of passage

#### Policy on Final Evaluation of Level II Fieldwork Student Performance

In order to successfully complete fieldwork, the student <u>must</u> have a minimum passing score on the Fieldwork Performance Evaluation for the Occupational Therapy Assistant provided by AOTA. In addition, the student must have scored a 3 or above on the ethics and safety portions as listed in the *Fundamentals of Practice* section of the evaluation. Failure to achieve a 3 or above in the final evaluation would result in failure of the fieldwork experience.

Students are enrolled in fieldwork for credit as listed in the Course Curriculum. Students are to contact the academic fieldwork coordinator on a weekly basis through the discussion board on Desire2Learn regarding their fieldwork experience. Students also have various assignments that are submitted via Desire2Learn. In order for students to complete the requirements for a grade, their fieldwork supervisor must ensure that both the FWE and SEFW (Student Evaluation of Fieldwork) are sent to the academic fieldwork coordinator, who is then authorized to send the grade to the Registrar's Office to be recorded on the student's transcript. The student is responsible for ensuring all assignments are completed on a timely basis. Please refer to Level II Grading Scale for information on determine the final grade for Level II Fieldwork.

It is the Occupational Therapy Assistant Program's expectation that students will not experience major difficulties and will successfully complete all fieldwork requirements. Should the student experience difficulties in meeting the performance standards of the facility, the fieldwork educator at the facility will contact the academic fieldwork coordinator to discuss a suitable course of action to remedy the situation. In the event that this remedial plan proves unsuccessful, or if the student exhibits behaviors in the clinical setting which are deemed by the responsible supervisor to be unprofessional or unsafe to the mental, emotional or physical welfare of clients, staff, self or others, the student may be terminated from their fieldwork placement.

# FINANCIAL OBLIGATIONS FOR FIELDWORK

The occupational therapy assistant program at Northland Community and Technical College can be completed in 4 semesters and 16 weeks of fieldwork experience. Students enroll and pay tuition for both of the required fieldwork experiences for a total of 12 credits. A minimum of 72 credits are required for graduation. Although students are not on campus during the fieldwork period, the cost to the College for the fieldwork experience portion of the Occupational Therapy Assistant Program includes faculty time, liability insurance, telephone, paper and mailing costs, travel expenses

for faculty to visit the facilities regularly and for attendance at regional and national Occupational Therapy meetings pertaining to education.

#### **Cost of Fieldwork Experiences in Occupational Therapy Courses**

Students are responsible for their own transportation to fieldwork centers as required throughout the program. The majority of the fieldwork sites are in Minnesota and North Dakota. However, we also have sites, primarily due to student request, across the United States.

Travel expense for required Level I fieldwork experiences in practicum are considerable so students should plan their budgets accordingly. Students are required to be away 5 days twice each semester in Year II and during this time are responsible for their own accommodations and travel expenses.

#### **Financial Assistance**

Students requiring financial assistance are encouraged to contact the Student Financial Aid Office in the administration office area of Northland College. Part-time work is not recommended for students in the technical program. Faculty expects that the students work hours will not interfere with the academic day and students remember that Occupational Therapy Assistant Coursework is a priority.

#### **Policy on Evaluation of Level I Fieldwork Site**

The academic fieldwork coordinator will review the objectives and purpose of Level I fieldwork with the representative from the facility. The representative from the facility will provide feedback to the academic fieldwork coordinator regarding the facilities ability to provide opportunities to facilitate the Level I objectives.

After a Level I experience, students will complete a Student Evaluation of Level I Fieldwork form. Students will also provide verbal evaluation of the fieldwork site on the first day of class following fieldwork. Instructor of the course will compare the feedback from the students with the objectives of the course and the purpose of Level I fieldwork.

Prior to contacting facilities regarding arranging a fieldwork experience at the facility, the academic fieldwork coordinator and the course instructor will meet and determine facilities that are continuing to provide a valuable experience.

#### Policy on Evaluating Level II Fieldwork Sites

Northland Community and Technical College Occupational Therapy Assistant Program have implemented a method to evaluate fieldwork facilities. Evaluation is done to determine whether fieldwork settings are equipped to provide application of principles learned in the academic program and appropriate to the learning needs of the student, and to ensure that all aspects of the fieldwork program are consistent with the curriculum design of the NCTC Occupational Therapy Assistant Program.

The evaluation process begins with a paper review which includes but is not limited to the facilities philosophy statement, objectives, learning experiences, and AOTA Fieldwork Data Form. This review is conducted by the academic fieldwork coordinator, who then routes the form back to the facility for further clarification or information. After providing their input, the facility will forward the form back to the NCTC OTA Program where a decision will be made upon unanimous approval of the NCTC OTA Program faculty. Final evaluation results will be sent to the facility and a copy placed in the facility fieldwork manual. This process might also be supplemented through telephone or e-mail exchange, and may involve curriculum updates, student evaluations of the fieldwork site and fieldwork visits.

Facilities who are not approved as fieldwork sites will be provided specific rationale as to the decision made, and will be provided with suggestions should they wish to pursue approval as a fieldwork site in the future. Conversely, if a fieldwork facility chooses to withdraw from offering fieldwork experiences to NCTC students, they are also expected to notify the academic fieldwork coordinator of this decision and the reasoning behind it. The information concerning that facility will then be removed from the fieldwork data base and placed in an inactive file.

Data will be gathered in the areas of evaluation and assessment, primary treatment conditions, interventions, client participation, student resources for learning, facility expectations, and consistency with the NCTC OTA Program objectives for fieldwork.

Information collected will be used to:

- 1. Assist student in the fieldwork selection process
- 2. Inform fieldwork facilities of curriculum content, expectations and learning experiences currently offered in the NCTC Occupational Therapy Assistant Program curriculum
- 3. Determine whether fieldwork facilities are offering learning experiences compatible with those presented in the NCTC Occupational Therapy Assistant Program curriculum
- 4. Provide NCTC OTA Program a method of objectively evaluating existing fieldwork facilities
- 5. Provide the NCTC Occupational Therapy Assistant Program an instrument to guide faculty in selecting new fieldwork facilities in an objective manner.

# Northland Community and Technical College Occupational Therapy Assistant Program Fieldwork Facility Initial Contact Form

Name of Facility Address Contact Person Phone Number Fax Email

Type of FW Students: Level I

Level II

Both Level I and II

CRITERIA	COMMENTS
Population served	
Client Population	
Age range of population	
Staff attitude toward students	
Compliance with ACOTE OTA Standards concerning supervision	
Projected number of individuals seen for services during the specified time period	
Qualifications of staff supervising student. Supervision must be from an Occupational Therapy Practitioner who is licensed by the state.	
Opportunity for continuing education i.e., in-services	
Willingness to collaborate with OTA faculty	
The facility's mission and philosophy are clear and are in congruence with that of the Northland Community and Technical College.	
Staff roles are clearly defined by facility fieldwork coordinator	
Current OT Programs	

# COMMENTS:

Signature of Academic FW Coordinator:

#### Fieldwork Facility Evaluation Form NCTC OTA Program Northland Community & Technical College

Facility Name	Setting Type
Contact Person	Ph#/F-Mail

**Purpose:** To meet accreditation standards, Northland Community & Technical College Occupational Therapy Assistant Program must ensure that fieldwork experiences provided to students are consistent with our curriculum design, based on the Occupational Adaptation Model. A short explanation is provided for each category to clarify desired facility characteristics.

**Procedure**: Please complete the facility review section of this form, including specific examples or comments regarding experiences provided. Upon receipt, NCTC will review information provided and send a final copy back to the facility.

# I. Primary Conditions/Diagnoses Treated

- A. Students need opportunity to evaluate and treat clients with a variety of diagnostic conditions so as to obtain exposure to role responsibilities commonly assumed by entry-level therapists in this type of practice setting.
- 1. Conditions commonly treated:

NCTC Review:

# Facility Review:

# II. Evaluation/Assessment

- A. Students need an opportunity to participate in assessments which measure both readiness skills (such as range of motion, strength, social skills, cognition) and performance in areas of occupation (ADL, cooking, homemaking, leisure, work etc)
- 1. Evaluations of Readiness Skills

NCTC Review

Facility Review

2. Evaluations of Performance in Occupational Areas *NCTC Review:* 

Facility Review:

- **B.** Students need to appreciate the impact of context on occupational performance, and participate in assessments where context (physical, social, cultural, etc) is assessed.
- 1. Evaluations of Context

NCTC Review:

Facility Review:

# III. Interventions

- A. Students need an opportunity to gain experience in provision of a variety of interventions, including those that address readiness skills (preparatory i.e. range of motion, strength, self-esteem, assertiveness, etc) and those that involve individuals in actual practice of participation in occupations (purposeful and occupation-based such as practicing dressing, cooking, shopping, completing job applications, etc.).
- 1. Preparatory Interventions (address readiness skills) *NCTC Review:*

#### Facility Review:

2. Purposeful/Occupation-Based Interventions (Involved individuals in "doing' occupations) *NCTC Review:* 

#### Facility Review:

- **B.** Students need to appreciate the impact of context on participation in occupations, and should be engaged in some interventions which involve altering context (i.e. environmental adaptation, adaptive equipment, use of technology, etc) to compensate for skill loss.
- 1. Compensatory Interventions:

NCTC Review:

#### Facility Review:

#### IV. Client-Centered Therapy

- **A.** Consistent with the occupation adaptation model, clients should be active participants in the treatment planning, intervention and outcome evaluation of therapy session.
- 1. Process Used by OT Dept to Ensure Client-Centered Therapy *NCTC Review:*

#### Facility Review:

#### V. Resources for Student Program including Objectives, Assignments and Supervision

A. Objectives/assignments need to be known to students at the start of the fieldwork experience. Initial supervision should be direct, and then decreased as appropriate.

NCTC Review:

Facility Review:

#### **VI:** Facility Productivity Expectations

**A.** Productivity standards should allow both students and clinical educator's adequate time for supervision meetings and related educational activities. NCTC Review:

Facility Review:

This Facility has been

- \_\_\_\_\_Approved as a NCTC Fieldwork site
- \_\_\_\_Not approved as a NCTC Fieldwork site

NCTC Faculty Signature:	Date:	_ Comments/Rationale:
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#### Fieldwork Education – Resources from AOTA Website: www.aota.org

#### • Fieldwork Educators Certificate Workshop

- Currently Available Regional Workshops
- Fieldwork Certificate Workshop Instructors pdf, 254 kb
- Host a Fieldwork Educators Certificate Workshop

#### Level I Fieldwork

- COE Guidelines for an Occupational Therapy Fieldwork Experience Level I
- Fieldwork Sample Form Level I Evaluation pdf, 98 kb
- Level I Fieldwork Rebuilding Together pdf, 339 kb

#### Level II Fieldwork

- COE Guidelines for Occupational Therapy Fieldwork Experience Level II pdf, 249 kb
- Position Paper: Fieldwork Level II and Occupational Therapy Students
- Sample Student /Supervisor Weekly Review Form pdf, 30 kb
- Sample Level II Midterm Feedback Form pdf, 51 kb
- Sample Level II Fieldwork Objectives Form pdf, 73 kb

#### • Fieldwork Opportunities at AOTA

- Information on How To Apply for Fieldwork at AOTA *doc*, 36 kb
- Application Form for Fieldwork *doc*, 64 kb
- Application Form for Fieldwork Doctoral Experiential Component doc, 64 kb
- Reference Form *doc*, 40 kb
- Student Fieldwork Experience at AOTA
- **Resources for Academic Fieldwork Coordinators**

#### • Resources for Fieldwork Education

- Fieldwork Councils/Consortiums pdf, 275 kb
- Statement: Occupational Therapy Fieldwork Education: Value and Purpose (revised 2009) pdf, 65 kb
- Recommendations for Occupational Therapy Fieldwork Experience pdf, 128 kb
- HIPAA Guidelines for Fieldwork
- Excellence in Fieldwork
- Fieldwork Forms
- Understanding the OT/OTA Fieldwork Performance Evaluations
- "Fieldwork Issues" Columns from OT Practice magazine
- Fieldwork Supervision & States' Continuing Competence Requirements
- AOTA Suggested Level II Fieldwork Experience Dates (2009-2016) doc, 32 kb
- Recommendations for Expanding Fieldwork

#### • Resources for New Fieldwork Programs

- Steps to Starting a Fieldwork Program
- Recommended Content for a Student Fieldwork Manual
- Strategies for Creative Fieldwork Opportunities

#### • Site-Specific Objectives

- Writing Site-Specific Objectives for the FWPE Forms ppt, 106 kb
- Handout Site-Specific Objectives for the FWPE Forms pdf, 22 kb
- Sample Adult Acute Care Setting doc, 110 kb
- Sample Adult Outpatient Setting doc, 125 kb
- Sample Adult Rehab Setting doc, 70 kb
- Sample Early Childhood Intervention Setting doc, 124 kb
- Sample Geriatrics Setting doc, 44 kb
- Sample Mental Health Setting doc, 56 kb
- Sample Mental Health Setting (OT) doc, 170 kb
- Sample Mental Health Setting (OTA) doc, 146 kb

- Sample Pediatrics Setting doc, 72 kb
- Sample Physical Disabilities Setting doc, 54 kb
- Sample School Setting *doc*, 115 kb MS Word

# Student Supervision

- OT/OTA Student Supervision & Medicare Requirements
- Practice Advisory: Services Provided by Students in Fieldwork Level II Settings pdf, 54 kb
- 12-23-10 Changes to Student Supervision in SNFs
- Student Evaluation of the Fieldwork Experience doc, 280 kb
- Medicare Claims Processing Manual Chapter 5 pdf, 30 kb

## • AOTA Fieldwork Related Products

- The Essential Guide to Occupational Therapy Fieldwork Education
- Online course Using the Fieldwork Performance Evaluation Forms: An Interactive Approach
- Using the Fieldwork Performance Evaluation Forms: The Complete Guide
- Fieldwork Performance Evaluation for the OTA Student
- Fieldwork Performance Evaluation for the OT Student

# Additional Forms Available on NCTC OTA Program Website to download or view:

- NCTC Student Evaluation of Level I Fieldwork
- AOTA Student Evaluation of Level II Fieldwork Experience
- Level I Evaluation of Student Performance Form
- Level II Evaluation of Student Performance Form
- Level II Student Personal Data Sheet
- AOTA Fieldwork Data Form
- Sample of Memorandum of Agreement with Fieldwork Sites
- Self Assessment Tool for Fieldwork Educators

#### Website:

http://www.northlandcollege.edu/programs/occupational\_therapy\_assistant/program\_detail.php?program\_code=425

#### Northland Community and Technical College Occupational Therapy Assistant Program Student Program and Fieldwork Contract

This contract is between the student and the faculty of the OTA Program.

The purpose of this contract is to set forth the guidelines and criteria established by the program and to identify the policies and procedures to be followed for successful completion of all/any of the program curriculum. Students are encouraged to improve their current skills and develop new ones through appropriate participation in the program requirements. Instructors and fieldwork site supervisors help to clarify program needs and goals expected of OTA students.

# I shall:

- 1. Dress appropriately and practice good hygiene as required by the OTA program, clinical facilities, and fieldwork sites.
- Failure to comply will result in a reprimand.
- 2. Use my own knowledge to do paperwork and assignments. I shall not copy another's work. I shall not cheat.
- Failure to comply will result in failure of that fieldwork experience or course.
- 3. Respect others and their opinions. I shall not insult, slur or degrade other students, clients, consumers, instructors or health professionals. It is my responsibility to raise questions and request clarification, and to modify the manner in which the question or clarification is brought forth.
  - Failure to comply will result in a reprimand and/or failure of the course or fieldwork experience.
- 4. Not mutilate, deface, damage, remove, or withhold property resources for my own use. I shall maintain resources/equipment in good working order. I shall maintain classroom, lab and fieldwork sites in good order.
  - Failure to comply will result in a reprimand or a failure.
- 5. Complete the required course work and fieldwork requirements, and display good time management. I shall participate constructively, appropriately and with respect for others. I shall complete all assignments by the scheduled date and time or will make satisfactory arrangements with the appropriate person for an extension. Additional time outside of the fieldwork site may be, and usually is, required (to do homework). I shall not expect to receive equal consideration unless such arrangements are made.
  - Failure to comply will result in a reprimand.
- 6. Observe all safety procedures when working in class, at a fieldwork site, or a patient's home. I shall not endanger the safety and welfare of clients, coworkers, and myself.
  - Failure to comply will result in a reprimand and/or failure.
- 7. Respect the confidentiality of patient information regardless of the source (patient, therapist, records, charts). I shall not repeat confidential information outside of the classroom, or fieldwork site. I shall not prepare written reports outside the fieldwork site in which any part of the patient's name appears except initials.
  - Failure to comply will result in a reprimand and/or failure.
- 8. Work in cooperation with others and be an active member of the interdisciplinary team and not interfere with or obstruct the rendering/delivery of services provided by others in the classroom, lab, or fieldwork site.
  - Failure to comply will result in a reprimand.
- 9. Be sensitive to the needs of individuals and develop professional relationships with a diverse population.
  - Failure to comply will result in a reprimand.

- 10. Attempt to initiate on my own and seek out learning experiences to improve my skills and knowledge beyond the required assignments.
  - Failure to comply will result in a reprimand.
- 11. Be punctual and present for classes, fieldtrips, volunteer work, job shadowing and fieldwork experiences. I shall meet the required time frames for fieldwork sites (evening, weekend, etc.). I shall call in for illness, unforeseen tardiness, absence and make up the time as required and/or deemed necessary by the site and school guidelines.
  - Failure to comply will result in a reprimand and/or failure.
- 12. Accept direction and supervision, exhibit professionalism, self-control, maturity and respect for self and others. I shall accept constructive feedback, follow directions without complaining, not be flippant, aggressive or rude. I shall control expression of emotions: verbal, postural, gesture, facial. I shall openly and constructively work to resolve conflict.
  - Failure to comply will result in a reprimand and/or failure.
- 13. Comply with the alcohol and drug policy for Northland Community and Technical College and the fieldwork sites.
  - Violations of these policies will result in disciplinary action up to and including expulsion from school, the OTA program, the fieldwork site, or termination of employment. Illegal violations will be reported to local law enforcement. (See NCTC student handbook for full details.)
- 14. Use good judgment and develop appropriate methods and solutions to situations or problems that occur in the classroom or at fieldwork sites. I shall use information appropriately from the original learning context and apply it to a variety of learning experiences and situations.
  - Failure to comply will result in a reprimand and/or failure.
- 15. Observe all policies and procedures established by the OTA program and the fieldwork sites. I shall not disregard any policy or procedure without specific written permission signed by a faculty member or fieldwork supervisor.
  - Failure to comply will result in a reprimand, failure or dismissal from that fieldwork experience (failing grade).

By signing this document, I acknowledge that I have read, understand and agree to assume responsibility for the information. I understand that failure to follow the articles and program policies will result in a reprimand or failure of a particular course or fieldwork, withdrawal from the semester and/or withdrawal from the OTA program.

Student (print name):		
OTAS Signature:	Date:	
Instructor (print name):		
Instructor Signature:	Date:	

contract/09.30.04 Based on Fox Valley Technical College OTA Program Student Program and Fieldwork Contract