



## Academic Service Learning Journal

**Outcome 5:** Engage communities in active learning partnerships by developing and implementing a teaching plan that promotes health, safety and well-being, and self-care management.

**Directions:** At the completion of the Academic Service Learning experience, complete this journal. The journal focuses on the four steps of academic service learning which are: preparation, action, reflection, and celebration. Submit to the appropriate folder in D2L Brightspace.

- **Preparation** consists of the learning activities that take place prior to the service itself. Preparation components include identifying and analyzing the problem, selecting and planning the project, and training and orientation.
- **Action** is the service itself. It must be meaningful, have academic integrity, have adequate supervision, provide for student ownership, and be developmentally appropriate.
- **Reflection** enables students to critically think about the experience.
- **Celebration** is the component of service learning which recognizes students for their contributions.

### Preparation

1. Explain how academic service learning differs from community service.
2. What preparation did the group do for the project? Describe the training and orientation received.
3. What skills and knowledge did you bring to this project? (i.e. experience working with a specific age group, leadership skills organizing an event, a certain skill set needed to provide this service, presentation skills, communication skills, physical assessment skills, knowledge of certain equipment, previous participation experience, knowledge of the sport, activity, etc.)

### Action

4. Describe how you provided a service in this particular service learning project?

### **Reflection**

5. Describe what you learned from this experience.
6. Describe what was meaningful and challenging to you.
7. Describe how this was a unique learning experience for you.
8. Relate this service learning project to the nursing process.
9. What do you envision the positive or negative consequences of your participation to be?

### **Celebration**

10. How does this experience enhance the development of your professional role?