

**From:** Julie Fenning  
**To:** EGF Employees; TRF Employees  
**Date:** 10/20/2009 8:28 AM  
**Subject:** Employee Pandemic Update #3  
**Attachments:** Be Ready - FAQs.pdf

The Department of Health has labeled Minnesota with the "widespread" classification for the H1N1 influenza. I have received three self-reported cases of H1N1 to date. The flu season is expected to last through the fall, winter, and early spring. This time it is predicted that seasonal flu viruses and the 2009 H1N1 flu virus will be affecting Minnesota citizens at the same time. It is critical that we take measures to minimize the spread of these flu viruses.

**What should you be doing?** *(See attachment for Frequently Asked Questions regarding H1N1)*

- \* Get Vaccinated (both seasonal flu and when the H1N1 becomes available)

At this time the Minnesota Department of Health does not have definite plans about H1N1 vaccine clinics. Information about availability of H1N1 vaccine and how/when/where vaccination clinics will be handled will be posted on the BeReadyMN website as it becomes known. We will be checking this site daily and will communicate with you as more information is available. <http://www.bereadymn.com>

- \* Contact your medical doctor if you are at high risk for complications for the H1N1 flu and plan for emergency treatment options. High risk candidates include pregnant women and people with chronic medical conditions such as asthma, heart disease, or diabetes.
- \* Continue to practice good hand hygiene and respiratory etiquette (supplies have been provided).
- \* Increase personal social distancing to 6 feet.
- \* Stay home or go home if you are ill and encourage employees and students to go home or stay home if they are ill.
- \* Work within your departments on cross-training and acquiring security access from MnSCU for applications like ISRS, DARS, SCUPPS, etc. in the event the primary employee is ill.
- \* Report any "confirmed" cases of H1N1 to me as soon as possible. Currently only those at high risk for complications and those who have been hospitalized with severe flu symptoms are being tested.

We will continue to provide updates as new information becomes available. Please visit the NCTC website for more information. [www.northlandcollege.edu/pandemic](http://www.northlandcollege.edu/pandemic)

Thank you.

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